

# Lignano juniors - activities



## SAMPLE WEEKLY PROGRAMME

Schedule	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8.00 am - 8.50 am	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9.00 am - 10.30 am	Students' arrival	Italian classes	Italian classes	Italian classes	Full day excursion	Italian classes	Italian classes	Departures or Full day at Aquasplash
10.30 am - 10.45 am		Break	Break	Break		Break	Break	
10.45 am - 12.15 pm		Italian classes	Italian classes	Italian classes		Italian classes	Italian classes	
12.30 pm - 1.15 pm	Lunch	Lunch	Lunch	Lunch		Lunch	Lunch	
1.15 pm - 3.00 pm	Relax	Relax	Relax	Relax		Relax	Relax	
3.00 pm - 4.30 pm	Placement test and afternoon on the beach	Swimming Soccer Tennis	Aquagym Basket Beach	Creative Labs Aquafun Tennis		Water Polo Basket Beach	Aquafun Roller Creative Labs	
4.30 pm - 6.00 pm		Roller Water Polo Beach	Swimming Beach Soccer Handball	Soccer Volleyball Beach		Swimming Roller Beach Soccer	Tennis Beach Volley Beach	
7.15 pm - 8.15 pm	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
8.30 pm - 11.00 pm	Welcome evening and presentation of the leisure activities	Walk in the centre of Lignano Sabbiadoro	Evening on the beach with sport matches	Walk in the centre of Lignano Pineta	Open air cinema	Disco	Amusement Park	Treasure Hunting