SOCIAL ACTIVITIES AND EXCURSIONS

We would like to make your stay an unforgetable one. All along the year, our wide range of social, cultural activities and excursions will help you not only to get to know your fellow students, but also to find out more about the beautiful South of France and the French culture.

A minimum of 5 social, cultural activities, excursions and tasting as well as sport activities are offered every week. All events are accompanied by our specially trained teachers, who are delighted to spend time with you and to show you the highlights of our region.

Social activities

- ✓ Welcome Quizz evening (meet new students in a relaxed atmosphere)
- ✓ Comedy, theatre or festival evenings
- ✓ Restaurant evenings (French specialities, crepes, bistronomic, Tapas, Mediterranean etc.)
- ✓ Wine Bar and pub evenings
- ✓ Laser Quest
- ✓ Cooking courses
- ✓ Picnic on the river bank
- ✓ Student parties (catamaran cruise party, halloween party etc.)
- ✓ Language exchange evenings (meet up with native speakers)

Social events in school

- ✓ Welcome and farewell gatherings
- ✓ Various contests (photo, singing etc.)
- ✓ Cine Club ILA
- ✓ Cultural workshops
- ✓ Make up workshop

Sport activities

- ✓ Indoor climbing
- ✓ Canoeing
- ✓ Horse back riding

Full and half day excursions

Various sites recognized by Unesco such as :

- ✓ Avignon (Palace of the Pope, famous bridge, historic centre)
- ✓ Pont du Gard (biggest romaine viaduct ever built) and Haribo museum
- ✓ Nimes and Perrier source (romaine city, famous arena, fountain gardens)
- ✓ Carcassonne (medieval city) and Canal du Midi
- ✓ Aix-en-Provence (typical provencal city)
- ✓ Caves de Roquefort (discover the famous cheese production secrets) et Viaduc de Millau (worlds highest suspension bridge road)
- ✓ Provence (lavender fields, provencial markets, Les Baux de Provence, Arles, olive oil tasting)
- ✓ Camargue (St. Marie de la Mer, flamingos, horse back riding)
- ✓ Sete (the Venice of Languedoc, native town of George Brassens, oyster farming)
- ✓ St Guilhem le Desert, one of the "most beautiful villages of France"

Tastings

- ✓ Discovering local products (tapenade, olives, tielles etc.)
- ✓ Cheese tasting (Cheese "tour of France")
- ✓ Wine tasting (participants must be over 18)
- ✓ Traditional French patisserie

Guided tours and visits of Montpellier

- ✓ Different guided tours of Montpellier (Historic city, Antigone new city, private mansion houses etc.)
- ✓ Visits to different museums (Museum Fabre, etc.)
- ✓ Planetarium Visit
- ✓ Montpellier Aquarium Visit
- ✓ Montpellier Zoo Visit